

Please do not put-up with foot problems! I offer a friendly (and gentle!) service to help you with...

- Nail cutting
- Thickened toenails
- Ingrown toenails
- Fungal nail advice
- Corns
- Calluses
- Cracked Heels
- Verrucae
- Bunions
- Claw/hammer toes
- Footwear advice
- Heel Pain
- Diabetic footcare
- High-risk footcare
- Aesthetic footcare
- Foot and leg massage

If you are not sure whether I can help you, please contact me for a chat and I will signpost you to other services if necessary.

About me



Hello.

Pleased to meet you!

What about me.....

My name is Jessica, I am a HCPC registered Chiropodist/Podiatrist (these titles are interchangeable and protected by law against misuse). I am a member of the College of Podiatry and fully insured. I graduated from Cardiff Metropolitan University with a First-Class Bachelor of Science honours degree (BSc Hons) in Podiatry in 2015.

Since graduation, I have worked in the NHS and private sectors, with my preference being the private sector due to the time and all-round care that I can give to patients. It is a pleasure getting to know my patients, understanding what best works for their feet, and having them get to know me at the same time.

Whatever has led you to needing to see me today, I hope that once I am finished your feet are feeling much happier and you feel able to continue with the things that are important to you.

Best wishes,
Jessica

For an appointment please
call/text:

07562 752785

or email:

curlewchiropody@gmail.com



Curlew Chiropody

Fully Qualified Chiropodist/
Podiatrist



LETTERSTON MEMORIAL HALL

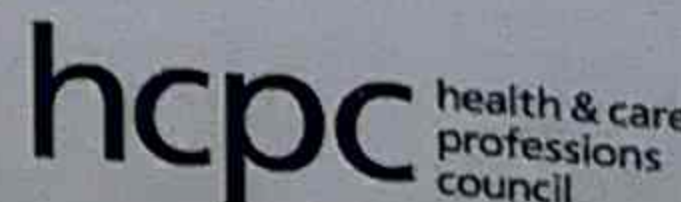
MONDAY AFTERNOONS

Professional Foot Care

Mobile:

07562 752 785

Price List



Assessment appointment £42
(approx. 45 - 60 mins)

Required by all new patients

*Footbath - Medical History - Foot assessment -
Treatment plan - Treatment - Moisturising Foot
and leg massage.*



Simple nail cut £22
(approx. 10-20 mins)

For uncomplicated nails
(add fingernails £3)

Nail cut - Moisturising Foot massage.



Quick corn/callus £25
(approx. 15-20 mins)

For that painful corn or patch of hard skin

*Gentle corn/callus reduction using scalpel -
Moisturising Foot massage.*



Problematic nails £28
(approx. 20-30 mins)

Suitable for thick, fungal, ingrown or curved
nails that need a little extra care

*Skilled nail reduction - Management advice -
Moisturising Foot massage.*

Full Foot Care £35
(approx. 30-40 mins)

Complete foot care

*Foot assessment - Nail care - Corn/callus
reduction - Footcare advice - Moisturising Foot
massage.*



Verruca Treatment
(approx. 15 mins)

Single treatment £15
Course of 6 treatments £60

Use of gentle salicylic (acid) treatments to
encourage the verruca (a viral infection) to
heal

*Removal of overlying hard skin - Application of
treatment - Dressing and advice.*



Diabetic Foot Assessment £42
(approx. 45-60 mins)

An important part of Diabetic foot care
which should be carried out at least every
year. Includes any required routine foot care

*Vascular assessment - Neurological assessment -
Nail/callus treatment - Foot care advice -
Footwear advice - Advisory letter to GP.*

Add on a little luxury? (each 10-20 mins)
* Can be added on to any of the previous
appointment types

1. Warm foot bath £5
2. Shape and polish of nails using durable
WOW* nail colour £12
3. Relaxing 10 min foot and leg massage £8
4. Moisturising foot mask and heated boot
treatment £6
5. Deeply moisturising hot paraffin
footbath, for relief of dry skin and aching
feet £10



Full Aesthetic Foot Treatment
(approx. 90 mins)

With Polish £70
Without Polish £55

The 'medical-pedicure'. Your feet will look
and feel their best. Perfect for parties/
holidays. Suitable for diabetic patients.

*Foot bath - Cuticle softener - Callus softener -
Nails cut and filed - Cuticle reduction - Callus/
corn treatment - Foot and leg exfoliation -
Moisturising foot and leg massage - Foot mask -
Paraffin foot bath - Heated boots - Optional nail
polish with durable WOW* nail colour.*

Gift Vouchers Available

*WOW nail polishes from LCN are free of many common
chemicals found in nail polish. These are DBP, Toluene,
Formaldehyde, Acetyl Alcohol, Camphor, TPHP, Hydroxytoluol
(BHT). They are also soy and gluten free, and Vegan friendly. Never
tested on animals.