

CREATE YOUR OWN BREAKFAST

- .90 Bacon
- .90 Gwaun Valley Sausages
- .70 Egg fried/poached
- .70 Baked beans
- .60 2 Hash browns
- .80 Mushrooms
- .70 Plum Tomatoes

- .60 Buttered toast/bread b/w
- .30 Marmalade portion

GLUTEN FREE BREAD BROWN
OR WHITE AVAILABLE

DOUBLE EGGS - 1.40

Poached
Scrambled
Fried

- 1.40 Plain Omelette
- 2.00 Cheese Omelette

SANDWICHES

- 3.00 Bacon
- 3.00 Sausage
- 3.00 Bacon/Sausage
- 2.80 Bacon/Egg

Buttered toast or bread b/w

THE FRIDAY VENUE
LETTERSTON'S
COMMUNITY CAFÉ
OPEN 8.30 - 12.30

SERVING BREAKFASTS
UNTIL 12.00

DRINKS

- 1.00 Breakfast Tea
- 1.00 Decaf Tea
- 1.00 Coffee
- 1.00 Decaf Coffee
- 1.20 Latte
- 1.20 Hot Chocolate with Marshmallows
- 1.00 Fresh Orange

Semi Skimmed milk used for hot drinks
Soya milk available on request

CAKES £1 - £1.50

FOOD ALLERGY NOTICE

PLEASE BE ADVISED THAT FOOD PREPARED HERE MAY CONTAIN THESE INGREDIENTS: MILK, EGGS, WHEAT, SOYBEAN, PEANUTS, TREE NUTS, FISH AND SHELLFISH



Your food is cooked to order so
enjoy a chat while you wait



SET BREAKFASTS

MINI 2.20

Bacon, Egg, Buttered Toast

REGULAR 2.90

Bacon, Egg, Baked Beans, Buttered Toast

HEARTY 3.80

Bacon, Egg, Sausage, Baked Beans, Buttered Toast

THE WORKS 5.90

Bacon, Egg, Sausage, Baked Beans, 2 Hash Browns,
Mushrooms, Tomato, Buttered Toast

Brown or White Toast

Gluten Free Bread available

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See
Miracles
In
Life
& Everyday!

S.M.I.L.E

A little
PROGRESS
each day
adds up
to **big** results



Volunteers are paid in
S.M.I.L.E.S.

Sometimes
having coffee with
your best friend is
all the therapy
you need.



ONE KIND WORD
can change
someone's
entire day

The Golden Rule

